

Minutes	Title of Meeting:	Obesity Strategy Group
	Time:	9.00 am
	Date:	Wednesday 24th April 2013
	Venue:	Rotherham Institute for Obesity, Clifton Lane Medical Centre
	Reference:	/JS
	Chairman:	Councillor Ken Wyatt

Present: Councillor Ken Wyatt, Chris Siddall, Rebecca Atchinson, Richard Cowley, Hayley Mills, Matt Capehorn, Juliette Penney, Joanna Saunders, Jill Ward, Sarah Groom, Jackie Lothian and Kay Denton-Tarn

Apologies: Gill Alton, Rebecca Atchinson and Linda Jarrold

Item	Description	Action
2013/32	Welcome/Introductions/Apologies Following a round of introductions, KW welcomed everyone to the meeting and thanked RIO for offering their venue for the meeting. Apologies were noted.	
2013/33	Minutes of the meeting held on 24th April 2013 and matters arising The minutes were approved.	
2013/34	National Child Measurement Programme update Juliette Penney gave an update on the delivery of the programme locally. There are over 6,000 children in this year's cohort and the programme has been delivered to the specification of revised national guidance. The results go out to parents/carers within 6 weeks of the measurement taking place and the School Nursing Service are getting calls for advice/support, mainly from parents of children in Reception. A summary flyer has been produced with information about the services available locally and information will be shared with local general practitioners.	
2013/35	Bariatric Policy (Matt Capehorn) A draft policy has been produced by NHS England (link previously shared with group members). The proposed policy would impact on the service provided by a Tier 3 provider such as RIO, where a client would need support prior to and post-surgery. MC would be attending a meeting with local surgeons. Post meeting note: A revised document has been published clarifying the pathway and the expectations of a Tier 4 service.	
2013/36	DC Leisure Exercise Referral Pathway (Hayley Mills) HM is keen to seek support for an exercise referral pathway for patients with long term conditions, which would support people following a cardiac event. She is seeking funding (potentially from the	

	<p>British Heart Foundation or CCG) to train staff to deliver cardiac rehabilitation programme and build capacity to support such patients. Work undertaken at RIO has shown that 79% of clients are still engaging with physical activity programmes at 9 months post intervention, and there are a number of established links between the WM service providers and physical activity providers across the borough to support this. However, to date there is little in the community to support clients after cardiac events.</p> <p>HM to update with progress at the next meeting.</p>	HM
2013/37	<p>Children & Young People Services Lifestyle Survey findings (Kay Denton-Tarn) KDT gave a comprehensive overview of the background to and key messages from the survey. See the link to Lifestyle survey reports on the Rotherham Healthy Schools Website: http://www.rotherhamconnectedlearning.org.uk/healthy_schools/healthy_schools_menu.php?pagelD=4&pnam=main</p> <p>Discussion focused on the availability of tap water in schools, queues in some secondary schools and whether a question should be included about the content of breakfast in future surveys. JS agreed to seek further information about the availability of breakfast clubs in schools in Rotherham and the opportunities of promoting free school meals through the Welfare Reform work programme. There was also discussion about the awareness of and access to School Nurses within and outside school hours. There was also discussion of the role of MIND in some secondary schools.</p>	JS
2013/38	<p>Healthy Eating/National Food Awareness campaigns (Kay Denton-Tarn) KDT shared the links to the above campaigns with the group.</p>	
2013/39	<p>Feedback from Ministerial Visit (Joanna Saunders) JS and providers gave a brief update on the visit of Anna Soubry, MP (the Minister for Public Health) on 15th April 2013 and JS agreed to share the briefing paper prepared for the visit for information.</p>	JS
2013/40	<p>Health and Wellbeing Strategy (Joanna Saunders) JS gave a brief overview of the 6 themes within the Health and Wellbeing Strategy (document attached with minutes), the life-course approach to its development and delivery and the 6 priority areas which have been identified, including obesity. JS is responsible for the development and delivery of the Healthy Lifestyles Theme within the strategy and the obesity priority and is working on work stream programmes/action plans (consistent with the existing work around healthy lifestyles and obesity) and the performance management framework.</p> <p>It was agreed that the minutes of the OSG would be referred to the Health and Wellbeing Board for information.</p>	JS/KG
2013/41	<p>Any Other Business <u>Funding for Sport in Schools</u> – Chris Siddall outlined a funding programme which will allocate £9-10k to each primary school to upskill teachers in sport and physical activity or provide activities through external agencies. He was working with Rebecca Atchinson on the presentation of the offer to schools. At the present time there</p>	

	<p>is no framework for measurement of this activity in schools via OFSTED.</p> <p><u>Other updates from CS</u> – CS also updated the group on the local Park Run (Saturday mornings, Clifton Park); the newly updated Active Always brochure; the Sport England bidding opportunities; Walk Leader training; a Walking Group in partnership with RIO and a Disability post which had received funding for a 3 year period.</p>	
2013/42	<p><i>Provider Services Update</i> <u>MoreLife Ltd. (Jackie Lothian)</u> – working with partners on camp recruitment (Rotherham’s children will be selected following assessment by RIO). Other areas promote through the media and self-referral or referral by agencies such as schools and school nursing. MoreLife are also trialling recruitment 6 weeks after families receive the NCMP results letter.</p> <p><u>RIO (Matt Capehorn)</u> – Camp referrals are coming in and a review meeting would be held early in June. This would be followed by a sign up/briefing evening for families. MC and colleagues had submitted a number of posters/presentations to an international obesity conference in Liverpool at the end of May.</p> <p>MC also expressed concern re the need to make general practitioners aware of the importance of accurate recording of childhood overweight/obesity using the appropriate centile charts. This would be clarified with the GPs through the CCG newsletter.</p> <p>There were no other specific updates which were not reflected in earlier minutes.</p>	
2012/43	<p><i>Dates of Future Meetings</i> Wednesday 31st July 2013 from 9.00-10.30am – RIO, Clifton Lane Medical Centre.</p> <p>Future dates: Wednesday 23rd October 2013</p>	MC to book